

DIALECTICAL BEHAVIORAL THERAPY

DBT

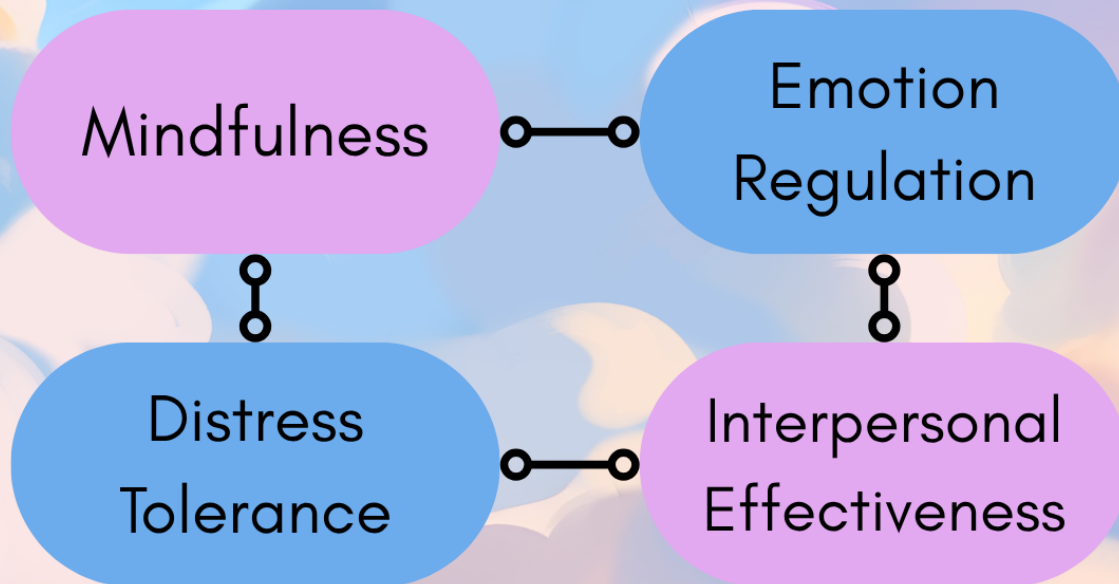
Virtual Group Therapy
for adults

August 20th – November 19th

Open enrollment until August 20th, 2026

Thursdays at 6:00pm

14 weeks of Telehealth group sessions to learn:



Group Facilitators;
Kaleigh Mahon M.Ed., LPCC
Mo Mzik M.Ed., LPC

Email to enroll:
dbt.growwellcle@gmail.com

